

## WHERE YOUR FOOD COMES FROM ACTIVITY!

Write your favorite meal for each time of the day in the space indicated. Please describe where the food in your favourite meal comes from. For example if your favorite meal is roast beef with mashed potatoes your description would be "roast beef is from beef cattle and mashed potatoes are from potatoes, a crop grown in the field".

Favorite Breakfast	Favorite Lunch
Favorite Dinner	Anything else that is a favorite!!!